

Workshop on Positive Attitude for Success

A Workshop was conducted by ANMI – WIRC on July 30, 2010 on “*Positive Attitude for Success*”. This time ANMI took a step forward to organize a Session different from the usual Capital Markets that would help our Members to deal with today’s stressful situations and the creation of more beautiful life by natural healing of the problems / difficulties in life. The Session was conducted by the Business and Industry Wing of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya.



BK Sister Deepa



Mr. Anil Bagri – ANMI President

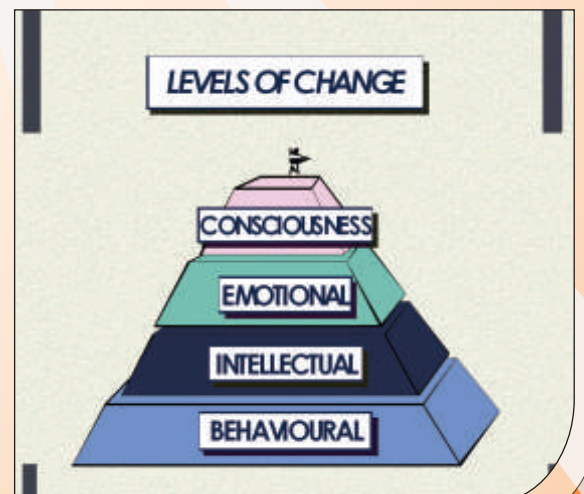
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is a spiritual organization having over 8500 centers in 130 countries all over the world. Their Head-Quarters is at Mt. Abu, Rajasthan. They stand as a NGO in general consultative status with the United Nations (UN) Economic and Social Council (ECOSO). Their main objective is to impart spiritual education and teach meditation to individuals from all sections of the society to enhance their quality of thinking and thereby help them lead a stress-free life. It believes in the principle “*Self-transformation leads to World-transformation*”.

Mr. Anil Bagri, President of ANMI gave a Welcome Speech for ANMI-Members & highlighted on the importance of adopting a Stress-Free & Happy lifestyle which will ultimately lead to success in both Personal & Professional life.

Seminar on Positive Attitude for Success was conducted by Brahma Kumari Sister Deepa, who is a senior faculty at Business & Industry Wing of Brahma Kumaris. She has been associated with the Brahma Kumaris since childhood. She has dedicated her life for this institution for last 21 years.

The various Topics covered in the Workshop are as Follows:

1. Definition and Meaning of Success
2. Levels of Changes – Consciousness, Emotional, Intellectual, Behavioural
3. Importance of Listening
4. Importance of a person’s Availability
5. Advantages of Tolerance



6. Benefits of Flexibility in Life
7. Ability to discriminate between right and wrong
8. Decision Making
9. Response – Ability
10. Team Spirit



Audience in the Seminar



Mr. Harresh Bhai Mehta

“Real Life Case Study”

The Session was then followed by a Real Life Case-Study by Mr. Harresh Mehta. Brother Harresh bhai Mehta has been a student & a regular Practitioner of Rajyoga Meditation from Last 7 yrs. He is an Entrepreneur & CEO of Power Linkers Group which is involved in giving consultancy to various industries ranging from Fertilizer, Petrochemical, Refinery, Power, Cement and other industrial plants.

What is Success?

It is a right Feeling

A process not a destination

Adding meaning to whatever is being

Breaking limits and accepting

Stability in victory or defeat

Adding on your Specialities



Mr. Lalit Mundra – Chairman of WIRC presenting bouquet to BK Sister Deepa

Sister Deepa also guided the members with practice of Practical Meditation at the end. Meditation is an easy tool to combat the turbulent situations in our day to day life & is very helpful in leading a peaceful and stress free life in all the situations.

Around 90 participants took the benefit of 2 hrs session which was later highly appreciated by everyone.

The other Speakers from the Brahma Kumaris who helped to make the Workshop a success were Mr. Dhawal Desai and Mr. Rohit Jham.